

THE INTERNATIONAL HERITAGE HERALD

March 26, 2021



GENERAL

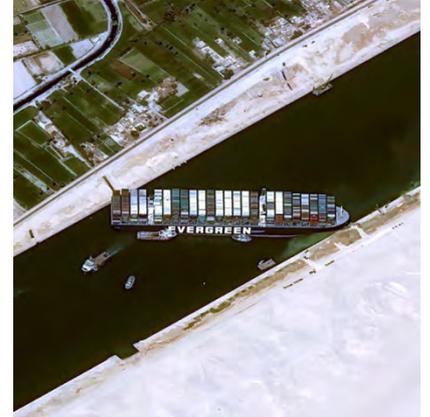
Quote: *"The primary ingredient for progress is optimism. The unwavering belief that something can be better is what drives the human race forward"*

Simon Sinek

Director's weekly notes- "The view from Dacia Boulevard"



The sight of a huge, monstrous freight ship, nearly the size of the Empire State Building, stuck fast across and against the banks of the Suez Canal, blocking all traffic and movement, has fascinated me this week. Maybe it is a metaphor for our times, I am not sure. I was equally fascinated by the contrast in weather this week, from the near perfect Spring



sunshine to all of a sudden Chisinau back in Winter as a snow blizzard hit Moldova in late March. Wales losing to France in a terrible match in the 6 nations rugby was fascinating in an awful way, unless you support France. None of this though, was as confusing and as fascinating, as trying to yet again navigate our school community through another week and closer to the end of our academic year.

As I wrote to staff in the weekly bulletin, the only things that seem consistent now are the inconsistencies. In the week that followed a unilateral decision to close schools physically and move them online, hastily put out on personal social media on a Saturday afternoon and the expectations teachers would yet again miss their hard earned weekend with families to make ready arrangements for Monday, the daily case rate soared over 2000 and tragically so rose the number of record fatalities. Students have rightly asked about the logic of their access to their safe campus being denied but other social and cultural activities carry on as before. I am at a loss what to explain to them in these moments other than we continue doing what is the right thing for them, they keep the strict measures to stay safe and ensure their education continues, we give them hope and we give them certainty. It is April next week and Week 28, maybe better news will come on the horizon.

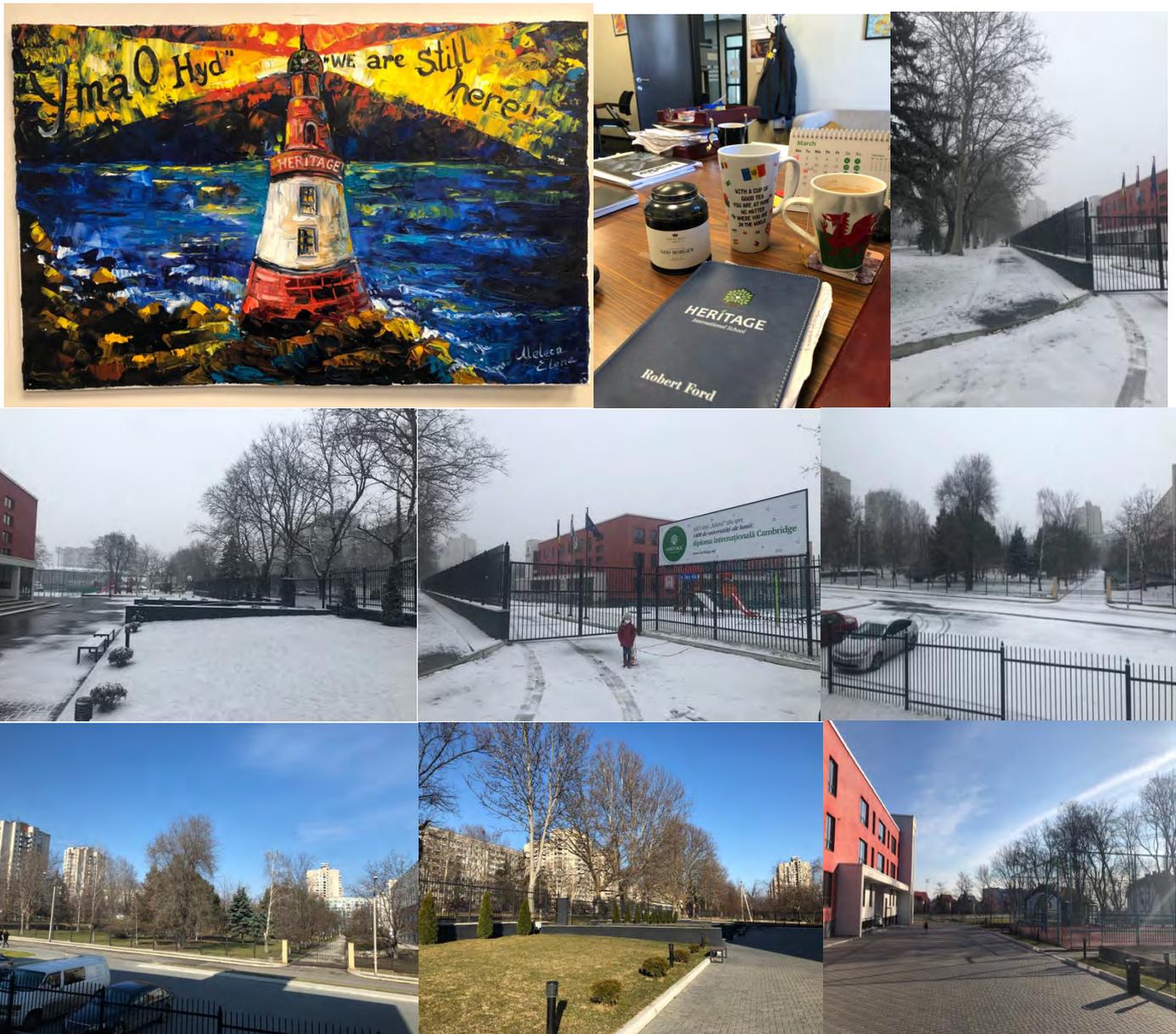
The effortless switch to the DLP is certainly one of the consistencies we do have at Heritage, along with the dedication and the professionalism of our staff teaching your children. I would recommend having a look through the DLP (via the link) and the key principles about access and expectations are in this IHH newsletter. I was really pleased to see that our kindergarten classes are allowed into physical school and let's hope that by the time the decision of this circuit break is reviewed in April, schools like ours, operating a tight and safe system under the original opening guidelines from September, can continue physically. We are prepared for all eventualities, it is that type of crisis in 2021. Certainly so much powerful learning continues and again, you can read it here in the newsletter.

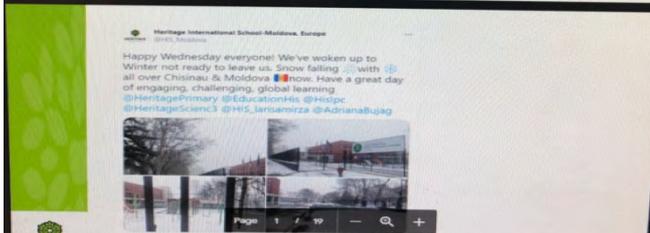
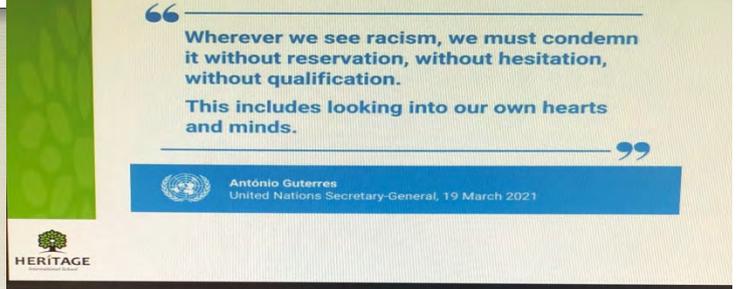
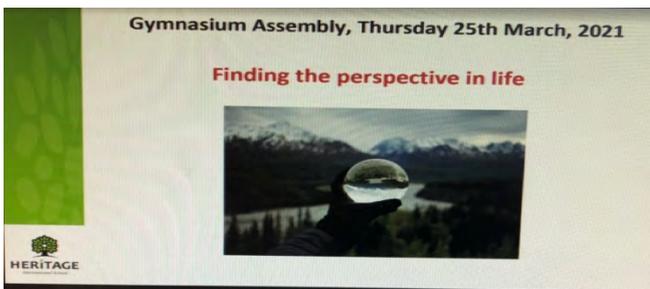
I have been very impressed with the work of my science colleagues, including some very cool experiments from Mr Vasile's class. I am incredibly proud of the achievements of Grade 9 student, Stefan Lisnic, and his second place in the Mold SEF national science competition, guided by the brilliant Mrs Alina. I would have never imagined we would have been hosting a second Heritage Open House in 2021 but we moved seamlessly on Saturday to this regular format and with over 7000 views, we know there is a lot of interest in our school for new families as our waiting lists for classes grow. We even have families now signed up for the school year 2023-24 start! It is very good to see the optimistic signs for the future.

We are honoured next week to have Ludmila Gurau of QUBO give our 7th Founders' Lecture linked to the Etwinning Media Literacy and Misinformation Spring campaign as well as talking about her successful work in media and marketing. I gave the Gymnasium assembly this week on "perspective" as well as looking at the UN's anti-racist day. It still seems astonishing in 2021 that such bigotry, ignorance, hatred and narrow mindedness exists in our World. I am proud of the values of Heritage as an international school that our young people are educated holistically as global citizens who don't see diversity and difference as something to fear. I will conclude on a quote from one of my heroes, Kurt Hahn. A quote I read this week by accident for the first time in a long time and suddenly, I stopped feeling the frustrations with the inconsistencies knowing and seeing the good work we are doing at Heritage daily; "We are better than we know. If only we can be brought to realise this we may never be prepared to settle for anything else".

Stay safe, have a good weekend and thank you for your continued support.

Rob Ford
Director





Our campus gets ready for going even more green with this very generous donation of bushes and plants from our dear colleagues at Medpark.



Heritage in the news:



<https://www.heritage.md/en/virtual-open-house/>



Nigel Whittle and Rob Ford: *Education, Leadership and Mindset*

<https://www.youtube.com/watch?v=PAwO7nqQl38&t=1809s>



Our 9A student Ștefan Lisnic is a winner of the National Science and Engineering Competition "MoldSEF, he earned the II place. Congratulations to Ștefan and his teacher Alina Trofim! Go Heritage!



The March edition of the Heritage Globe

<https://sites.google.com/heritage.md/heritage-globe/>

Our Student Newspaper The Heritage Globe

Click Below

<https://sites.google.com/heritage.md/heritageglobe>

This edition features another wonderful array of work from our students. Read about one student's experience acting in a web series. Explore whether graffiti is art or vandalism. See if one man can create an independent state on a platform built off the coast of Italy. Read about Heritage's second successful food drive for the animal shelter. This edition also features sports updates, entertainment reviews, fashion, a restaurant review, the monthly tech report, and more. You can visit the Heritage Art page to see beautiful work by Primary and Secondary students. Finally, sit back and enjoy the students' short stories in the Literary Corner.

Articles of Interest:



<https://sites.google.com/heritage.md/artgallery/home>

- Disability therapies for 1,300 children in Moldova by ChildAid to Eastern Europe: <https://www.globalgiving.org/projects/disability-therapies-1300-children-moldova/>
- Educational Aid & Life Skills for Children At Risk by ChildAid to Eastern Europe: <https://www.globalgiving.org/projects/educational-aid-and-life-skills-for-children-at-risk/>
- Collective commitment needed to end the 'poison' of racism: UN cultural chief says: <https://news.un.org/en/story/2021/03/1087942>
- How a British Gardening Show Got People Through the Pandemic: <https://www.nytimes.com/2021/03/12/realestate/gardening-monty-don-pandemic.html>
- What a Year of WFH Has Done to Our Relationships at Work: <https://hbr.org/2021/03/what-a-year-of-wfh-has-done-to-our-relationships-at-work>

- 20 Facts About Food Waste: <https://earth.org/facts-about-food-waste/>

- The UN Common Country Analysis for the Republic of Moldova 2020; <https://moldova.un.org/en/122198-un-common-country-analysis-republic-moldova-2020>



Notes from Ms Elize

Just as we thought Spring was here, Winter, ever so gently, reminded us that it has not left us yet. We were welcomed with a quite unsuspected view one morning this week and although I do quite like snow, I wasn't sure if I welcomed it. This just comes to show that we can plan but often things don't work out completely as we planned.

In fact when we think about it, there's no end to the number of things that didn't go as planned. Relationships, life milestones, careers, places to live and the list goes on. Almost none of it went as planned. Life reminds us that it has its own agenda, its own plan, so to speak. This is a harsh reality to accept, especially if you are someone who likes to plan and have everything organized and ordered. Most of us have the need to feel certain. We need to know what to expect in order to feel safe and in control.

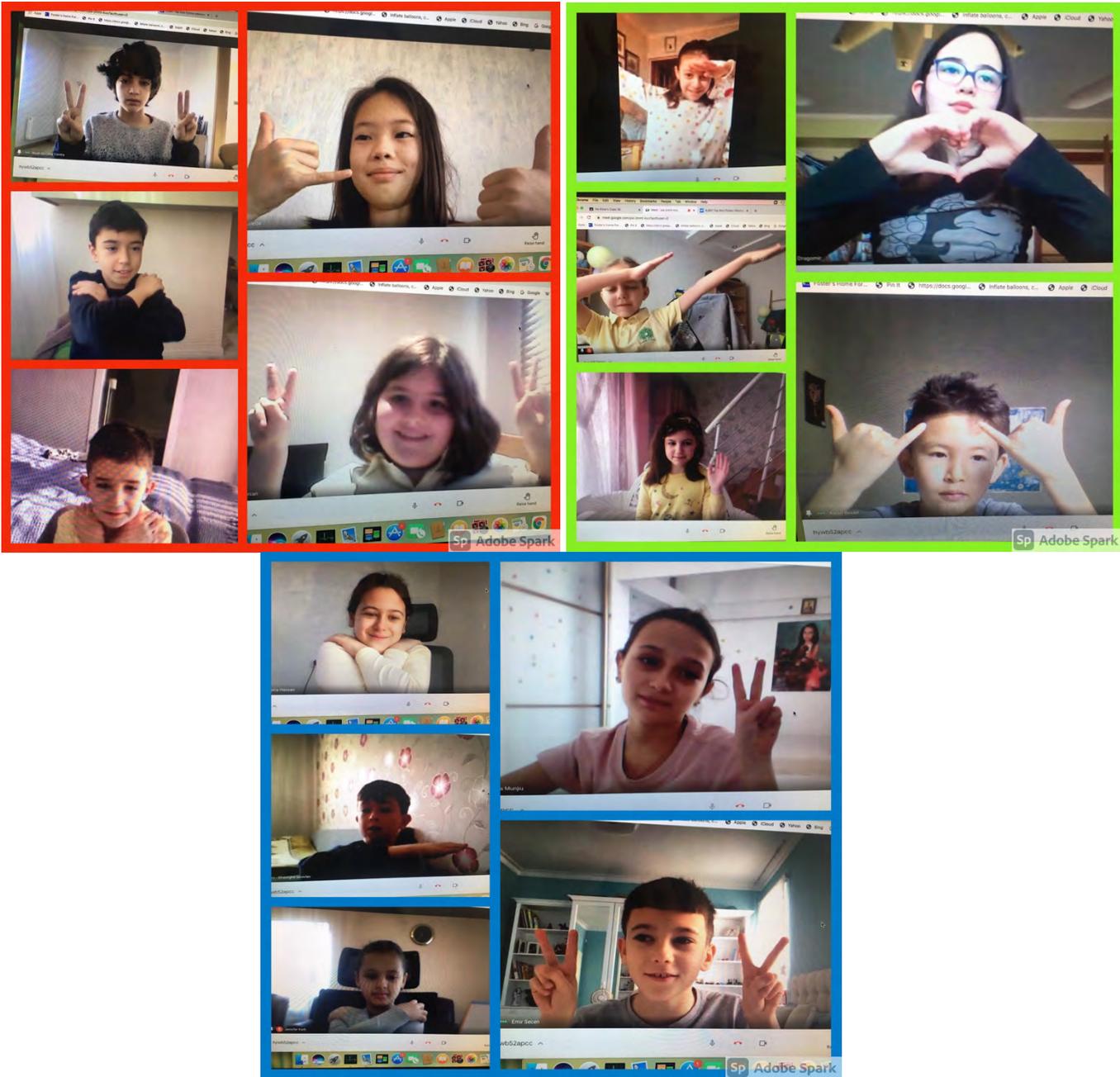
The interesting thing is, that we also need uncertainty. If things are too predictable we tend to get bored. In order to manage the uncertain or unpredictable events in our lives we need to be adaptable. It is our mindset that will carry us through the, somewhat exciting, uncertain times. When we adapt and go with the flow, it is easier to find perspective in difficult times. A plan not planning out might seem as a disappointment at first. However if we move forward, we will soon realise that a disappointment, in fact, was a blessing in disguise.

Life is full of surprises and detours. The road we travel is often bumpy and challenging. If we travel as explorers, rather than victims, we will conquer and succeed. Let's embrace the unplanned plans, the not planned plans. Every cloud, does in fact have a silver lining. It is in the eyes of the beholders - US!

I hope we have wonderful Spring weather this weekend. There is no school on Saturday. Enjoy and create memories with those closest to you!

IF SHE'D LEARNED NOTHING ELSE, IT WAS THAT
SOMETIMES THINGS DON'T ALWAYS WORK OUT THE WAY
ANYONE PLANNED. ROUNDABOUTS AND DETOURS IN LIFE
WERE OFTEN BLESSINGS IN DISGUISE.
AUTHOR: LEAH ATWOOD

Having school on a Saturday is not ideal, but this Saturday was International Happiness Day and 3E Students started the day sharing a special greeting and some wonderful smiles.



As part of World Water day 3E created amazing posters to help protect our oceans.



Primary School Assemblies support active learning and create cohesion. We've had amazing assemblies the past couple of weeks. Ms Valentina and 4A celebrated World Water Day.

Apa în timp erodează cele mai dure materiale solide și își croiește drum - succesul omului ia amploare doar atunci când conexiunea de cooperare și susținere este reciprocă și armonioasă...

Water over time washes out the hardest solid materials and makes its way through - human success only grows when the cooperation and support is mutual and harmonious ...

Cu mult drag, elevii clasei a IV-a A!
With best wishes, students from 4th A

Ms Larisa and 4/5E showed us what Happiness looks like and gave us some tips and tactics to make us happy.

03 Pledge to be Happy

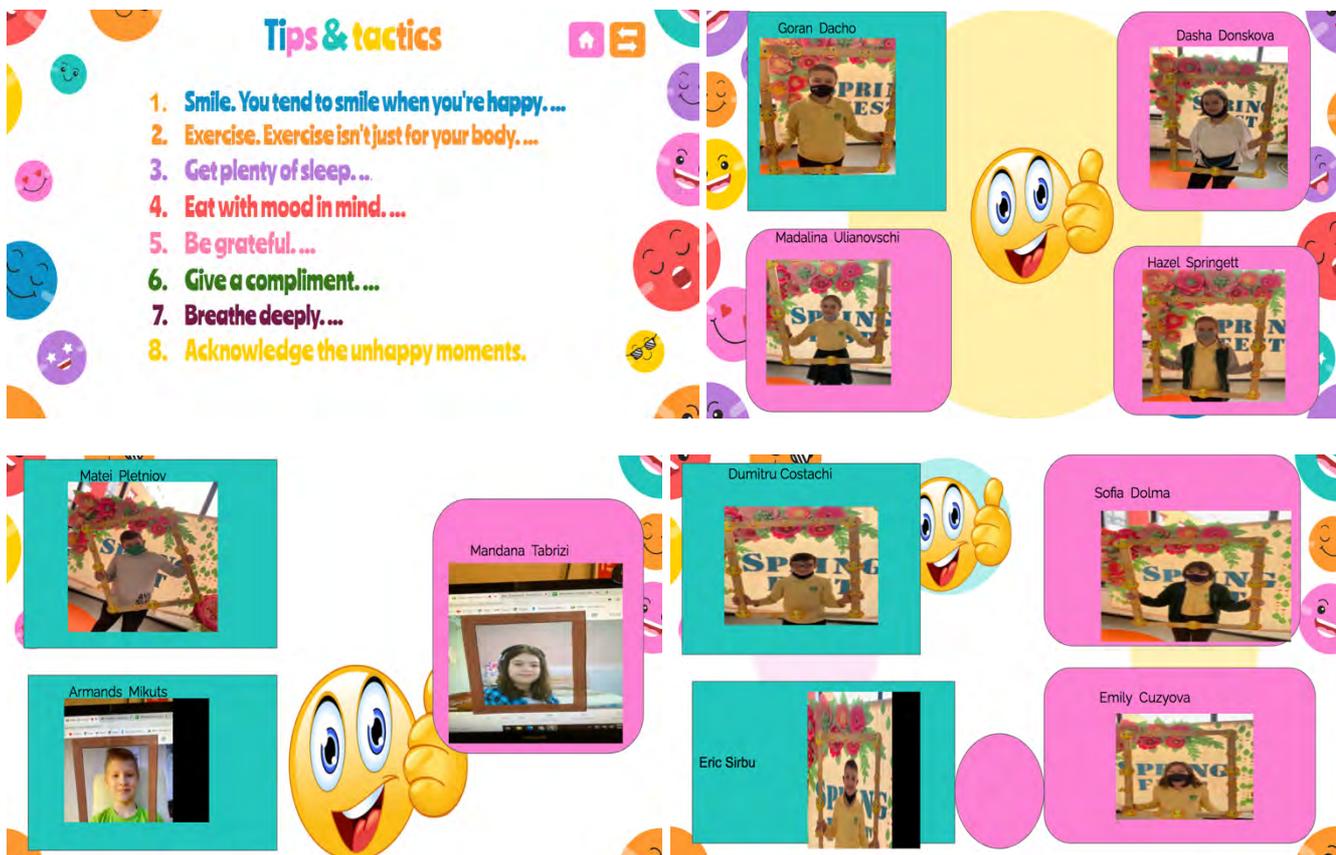
There is a lot of negativity in the world and it is often easy to focus on things that are difficult or sad. Today, we must try to think about all the things that happen to us that make us smile. We should also try to do at least one thing to make someone else smile

SMILE AND THE WORLD SMILES WITH YOU

Share smiles

Tips & tactics

1. **Smile.** You tend to smile when you're happy...
2. **Exercise.** Exercise isn't just for your body...
3. **Get plenty of sleep...**
4. **Eat with mood in mind...**
5. **Be grateful...**
6. **Give a compliment...**
7. **Breathe deeply...**
8. **Acknowledge the unhappy moments.**



1C and Ms Natalia took us on a journey through the history of money. Teaching and learning around the concept of money is a very important part of the growing and development of young children.



Деньги-перья. Эти деньги (длиной до 10м.) изготовлены из тонких красных перьев, склеенных вместе и связанных растительными волокнами. На островах Санта-Крус (Тихий океан) их используют для расчетов при брачных церемониях и покупке океанских каноэ. Чем ярче перья, тем ценнее.



Раковины каури. Самому раннему свидетельству об использовании раковин каури в качестве денег в Китае около 3500 лет. Изображение такой раковины и выбрали для обозначения денег. Раковины каури служили деньгами в 9-18 вв. в Индии, в 17 веке в Таиланде и в 19 веке в Африке.



Деньги-топоры. Индейцы использовали для платежей какао-бобы и маленькие-маленькие медные топоры - их мягкий металл не годился для хозяйственных нужд.

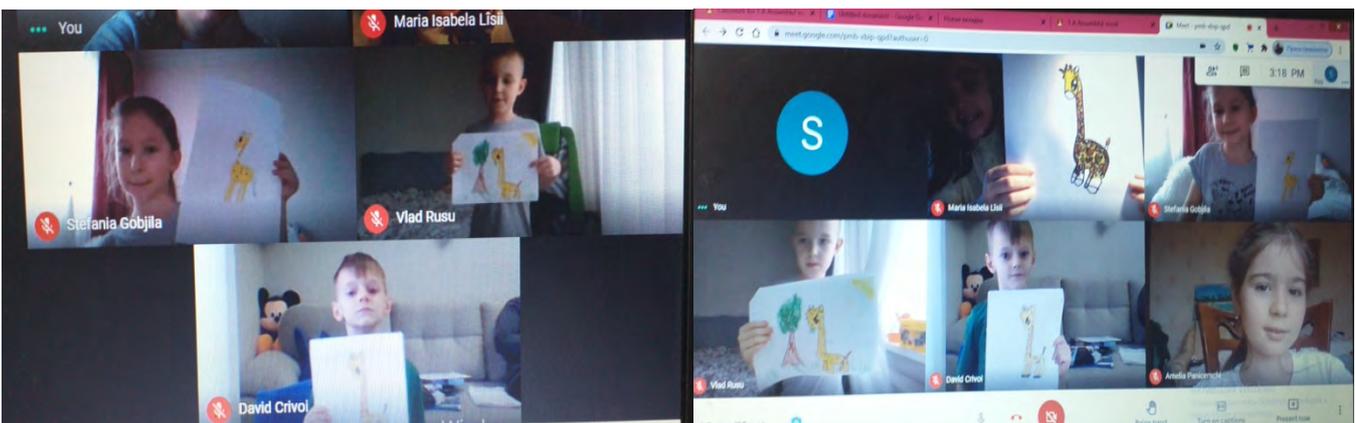




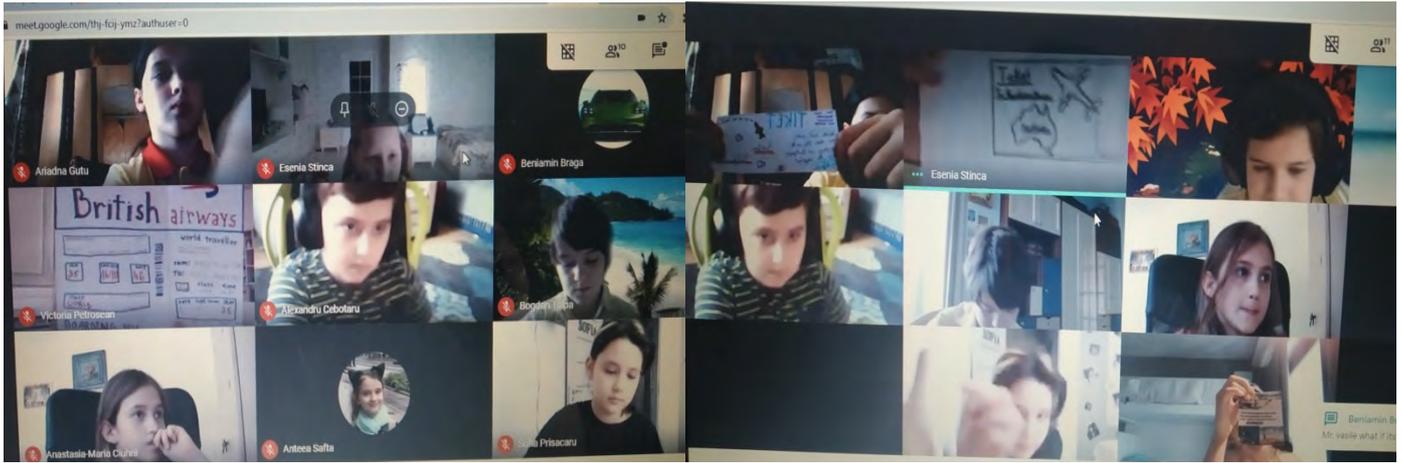
4/5 E for The Entry Point “ Look! Hear! as an alternative approach to create excitement and atmosphere listened to one of their colleagues performing live . Daria- Emilia provided a perfect springboard for our study of Sound



1A sing and draw in Music club lesson



4A Learners created their own plane tickets. They produced some guidebooks for tourists. We studied interesting facts about Taking a trip to Australia.

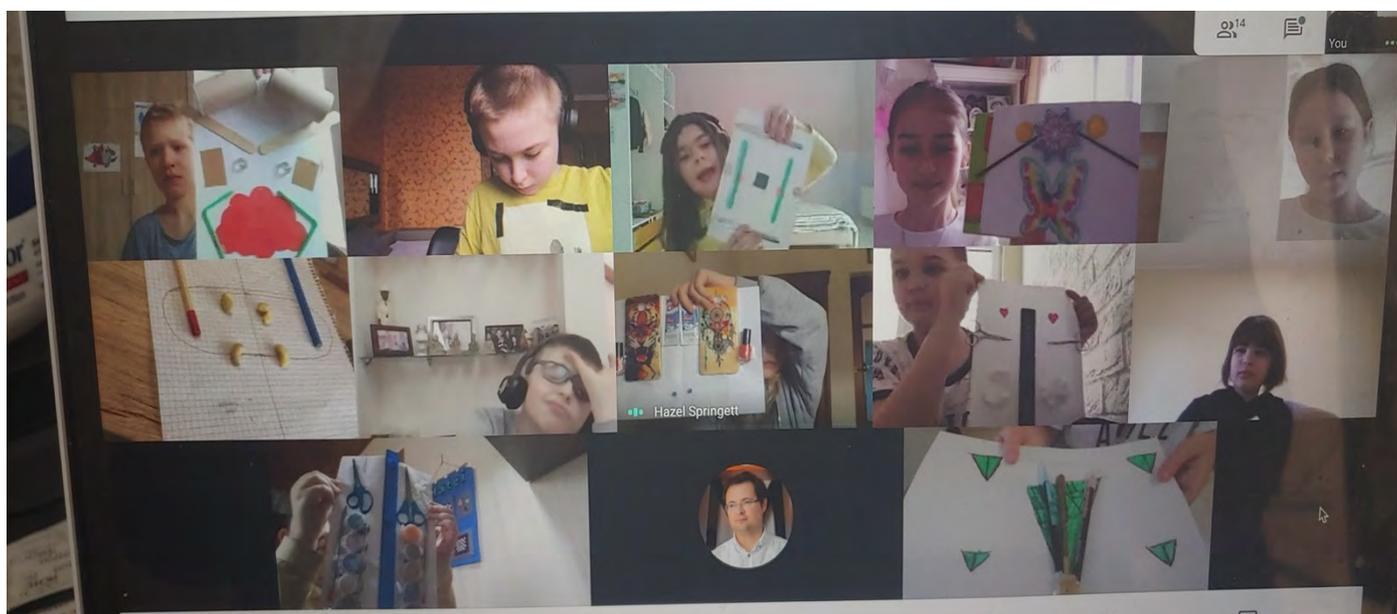
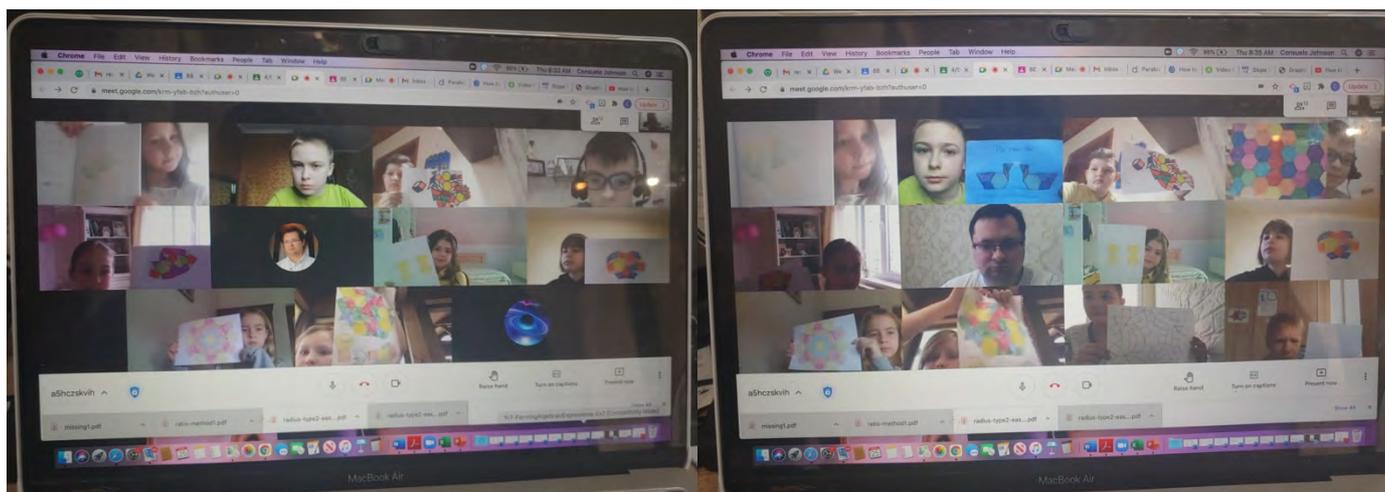


School Starter students use scissors to study Math and shapes



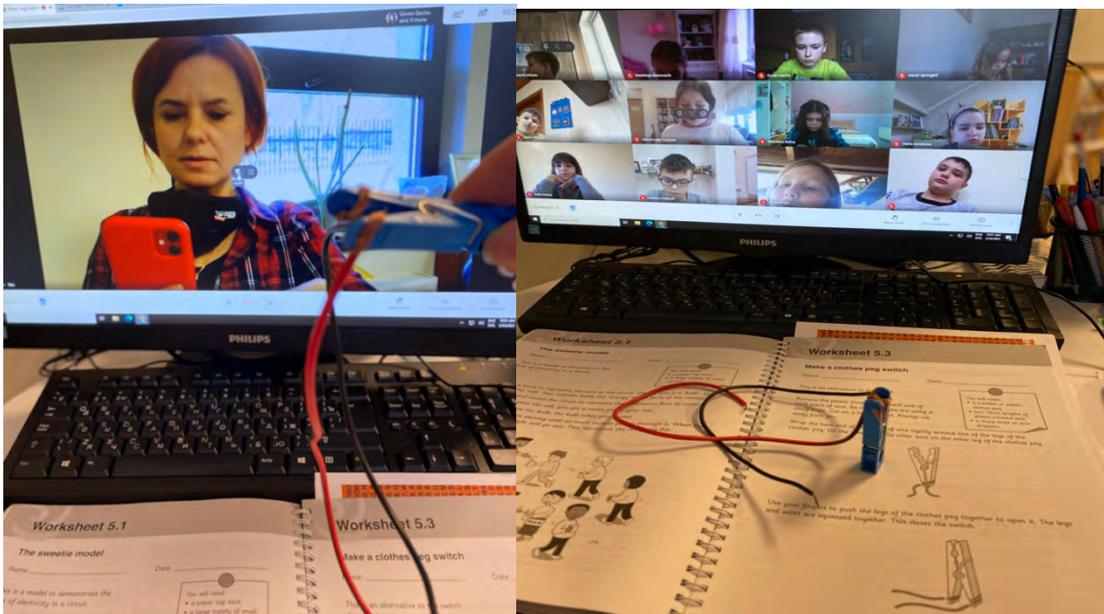
Remote learning does not stop the creativity within the child from coming out! This week Stage 4/5E students have been hard at work demonstrating their understanding of the concepts of symmetry and tessellations. Students used a wide variety of household items to create their symmetry patterns. Put the

task to the child, give them the opportunity and watch what they come up with when put to the challenge!

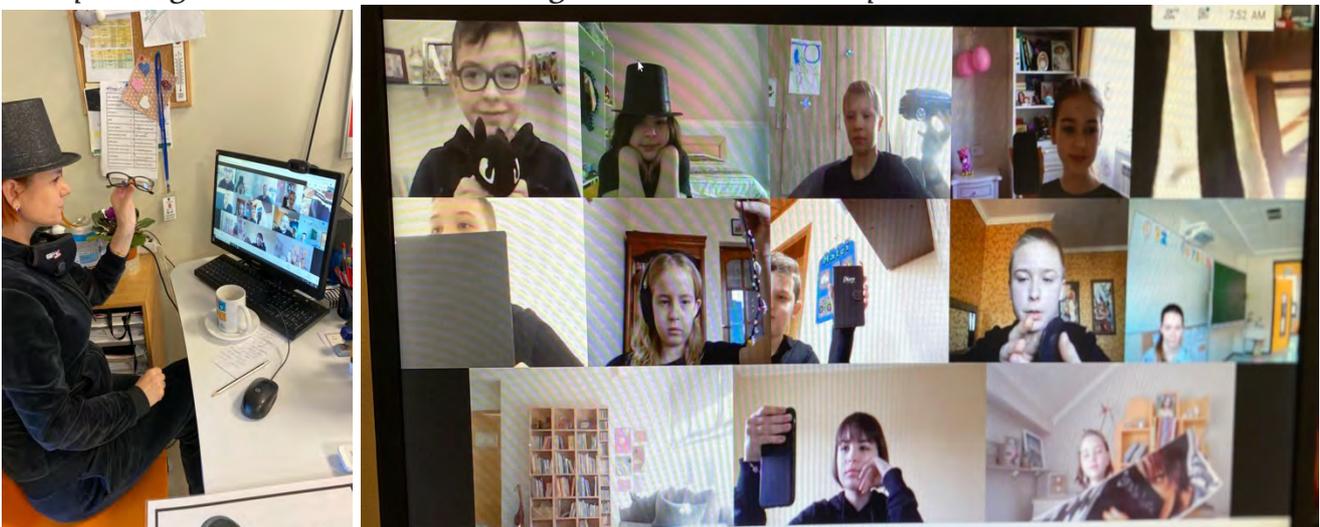




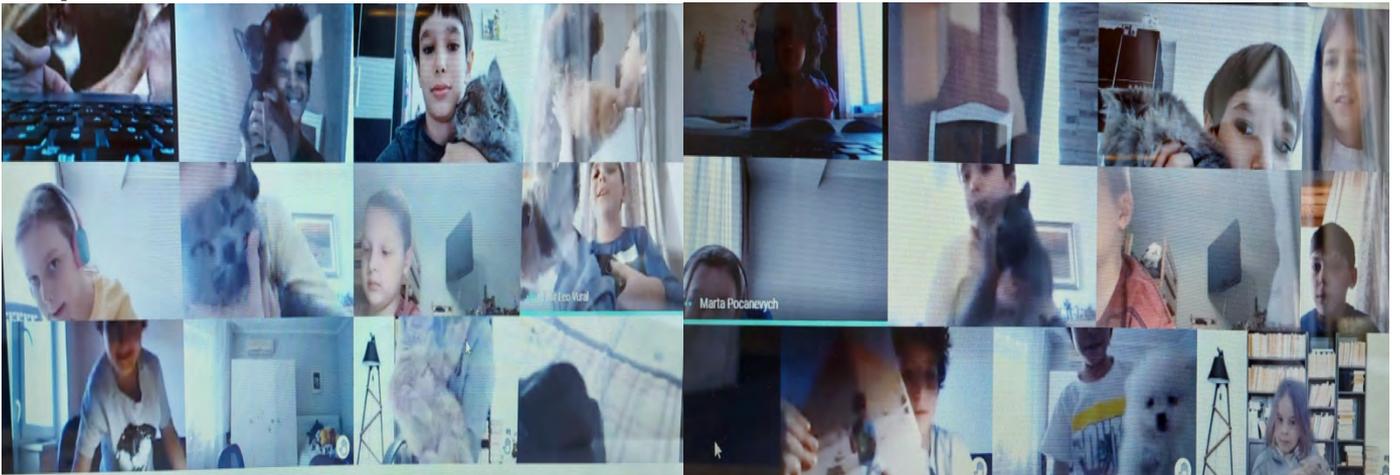
At Science , year 4 students tried to understand the concept of how switches work by doing a hands-on activity project- A clothes peg switch. We used a plastic clothes peg, two 15 cm. lengths of plastic - covered wire.



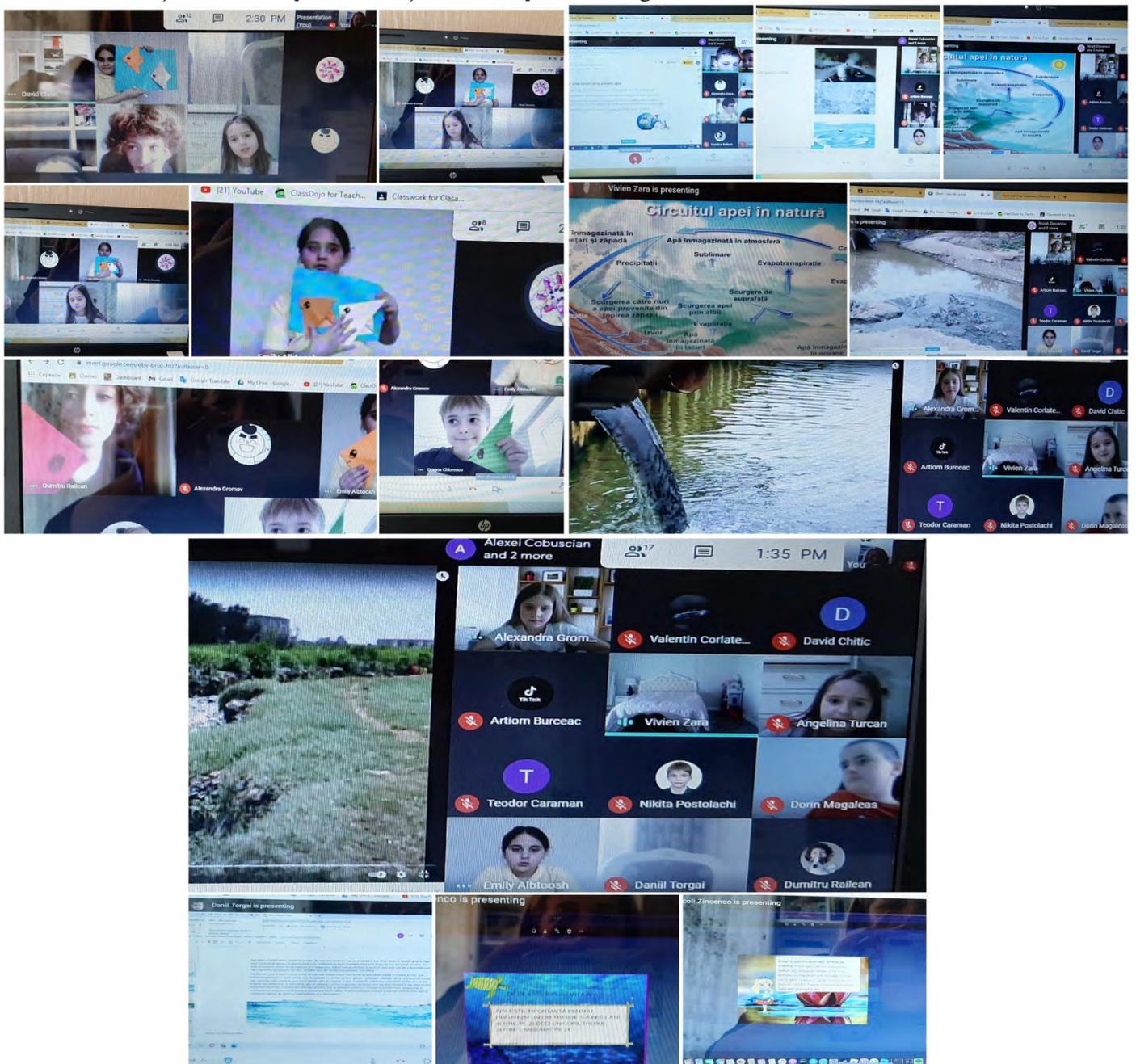
“Black Challenge”- 4/5 E accepted the Black challenge and everyone , including their teacher, Larisa Mirza wore black. They also went on a scavenger hunt, looking for 5 black items. Then they chose one item explaining the reason behind choosing that item and their experience with the black colour.



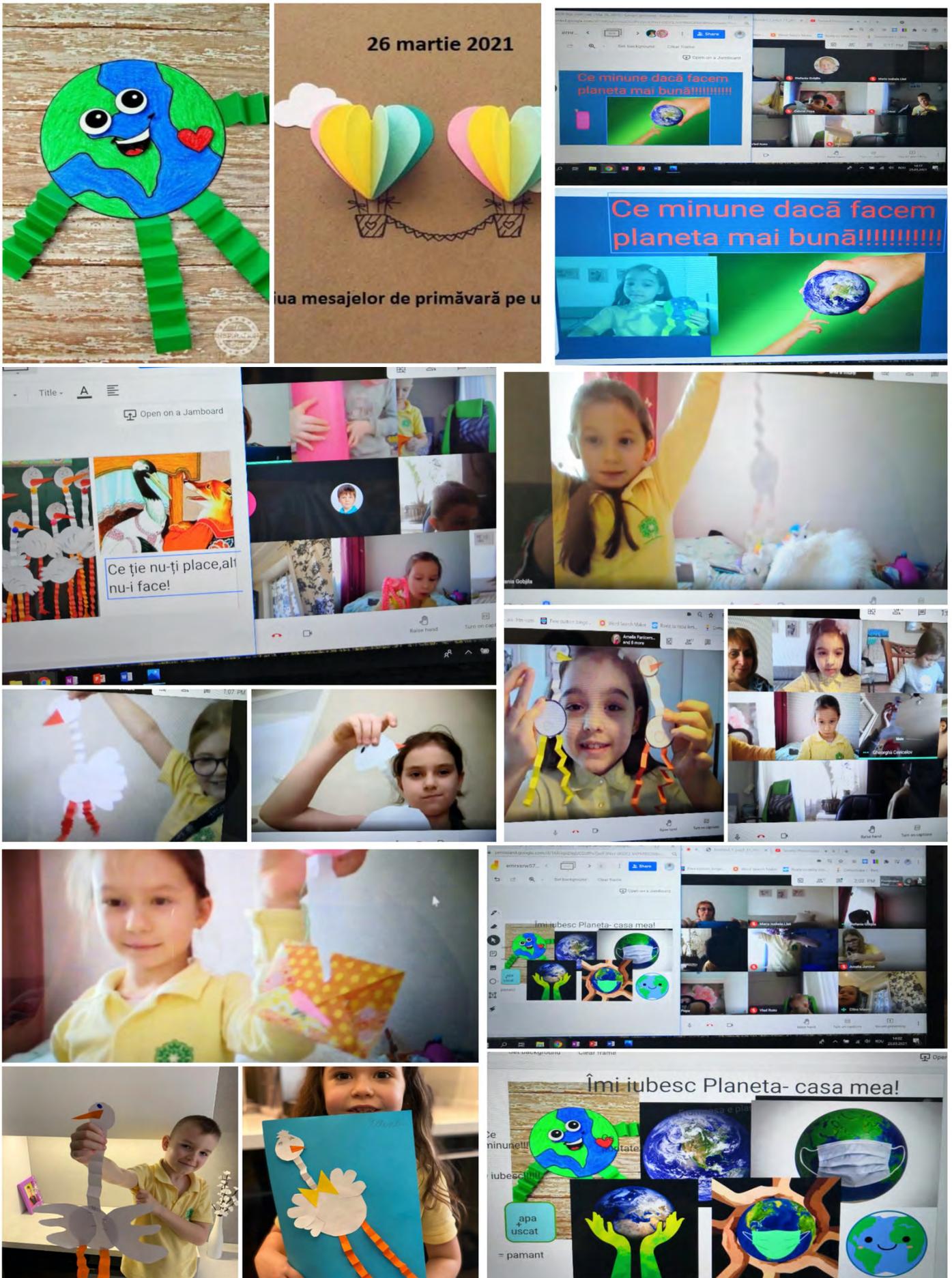
On Friday, students of 2-E had special guests at the Literacy lesson. They were helping kids to answer the questions and do the tasks.



3A Science Project: The importance of water. Aquatic living environment.



This week, 1A students 1 A became aware of the importance of water, they proposed measures to protect the Earth. We learned from the birds to return to the birthplace, brought the cranes home and sent balloon messages. We had a great time together!





School Starter learnt about the jobs and created gifts for dear mother in Lego Education lesson





Spelling Bee Update! As it seems that we will be online during April, we will have our Spelling Bee virtually! Please read the details attached, and students can start preparing now!

Sign up below:

<https://forms.gle/nYYzGYyoCEJYtUzF8>

Read the rules below:

<https://drive.google.com/file/d/1e1baVR5b9SBgK8EMzI6N0ePiksBUsC1x/view?usp=sharing>

April 2nd is the deadline to sign up!! This is a great chance for students to compete in a respectful manner, and interact with students from other classes!

Primary Spelling Bee
Heritage School Year 20-21

The Student Council is so excited to announce our first ever Spelling Bee! Students from Years 3-4 and 5E-6E will be placed together for the first round, and the top two students from each group will compete in the final round! Here are a few rules for how this will work:

1. The pronouncer announces the word to be spelled. He speaks slowly and clearly, without distorting the normal pronunciation of the word. He uses the word in a sentence and says the word again if requested by the speller.
2. The speller listens carefully to the pronouncer and asks for the word to be repeated if necessary.
3. When the speller is sure she understands the word, she pronounces it, spells it and then says the word again. She must say it loudly enough for the judge to hear it.
4. The judge(s) determines whether or not the word was spelled correctly.
5. If the correct spelling was given, the speller remains in the game.
6. If the spelling was incorrect, that speller is eliminated from the game. The judge gives the correct spelling of that word.
7. When there are only two spellers left, if one player misspells a word, the other player must spell that word correctly, plus one more word to be declared the winner of the spelling bee.

Those are really all the rules!

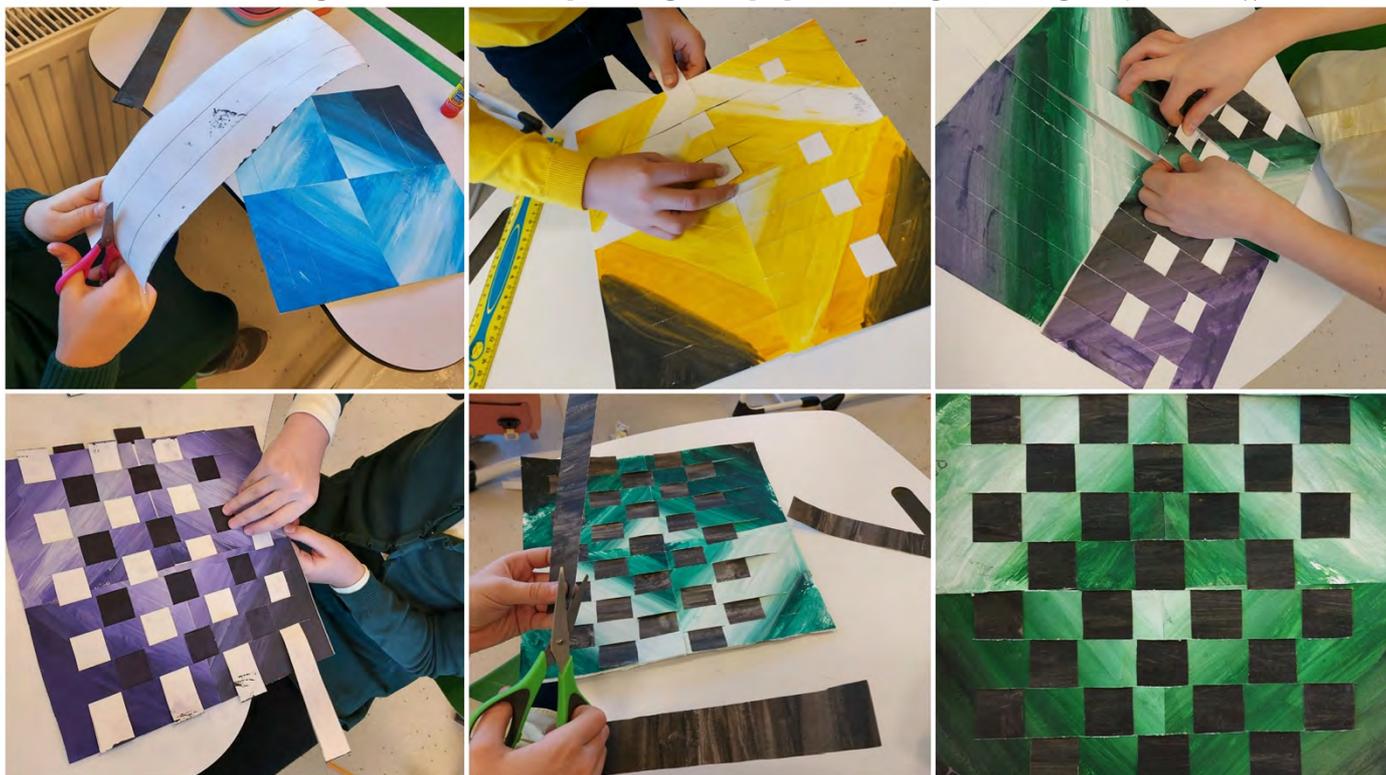
The spelling bee will take place on April 22nd, in the assembly room 217



At the art lesson, first graders created an artwork "drawing with scissors" like Henri Matisse, cutting the shapes directly, without drawing them in advance.



In the Art lesson, third graders combined painting and paper weaving, creating a dynamic effect.



News from Secondary

Choosing and applying for a study programme. With so many world-class higher education programmes on offer across Europe, choosing what to study and where can be difficult! Use this EU website to help look at universities in Europe after A Levels. https://ec.europa.eu/education/study-in-europe/planning-studies/choosing-applying_en

Recommended Cambridge International A Level subjects for the most popular careers

Heritage Lyceum is the only one in Moldova providing the Cambridge curriculum and globally recognized AS and A Level qualifications.

Heritage Lyceum learners become:

- confident
- responsible
- reflective
- innovative
- engaged

Within the Cambridge International AS & A Level Program

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-Choosing and applying for a study programme. *With so many world-class higher education programmes on offer across Europe, choosing what to study and where can be difficult! Use this EU website to help look at universities in Europe after A Levels. https://ec.europa.eu/education/study-in-europe/planning-studies/choosing-applying_en*

- Tips for effective exam preparation. *In some parts of the world, it's a time of year when both teachers and students are thinking about exam preparation. Even the most relaxed students decide it's time to study hard, and teachers are often focusing on revision in lessons. Here are a few of my favourite*

strategies for helping students to revise effectively; <https://blog.cambridgeinternational.org/tips-for-effective-exam-preparation/>

Heritage International School Distance Learning Plan DLP 2020-2021

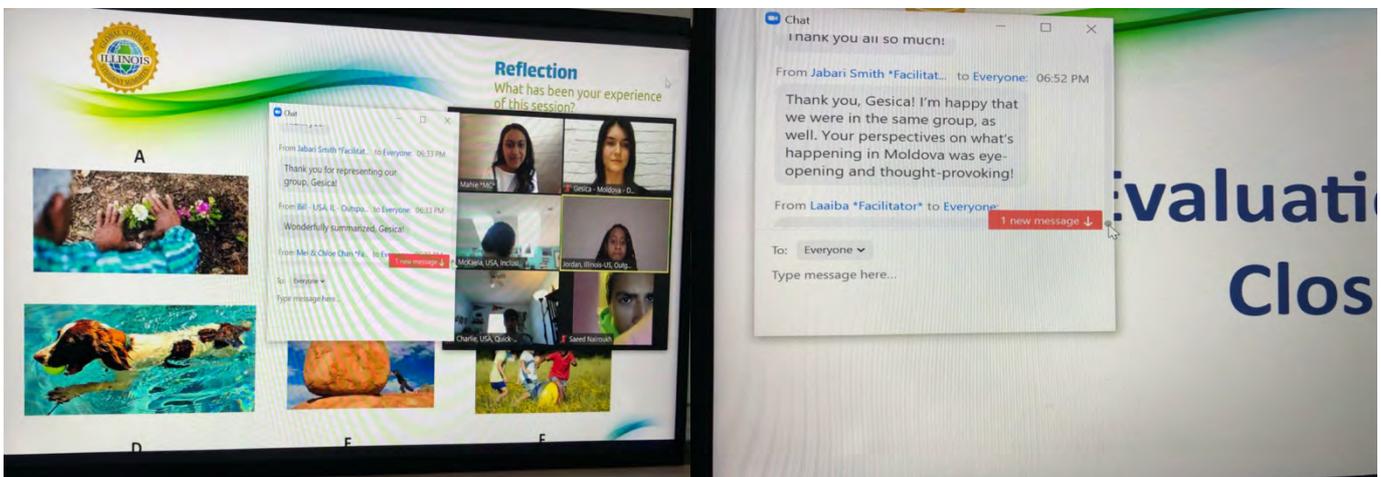
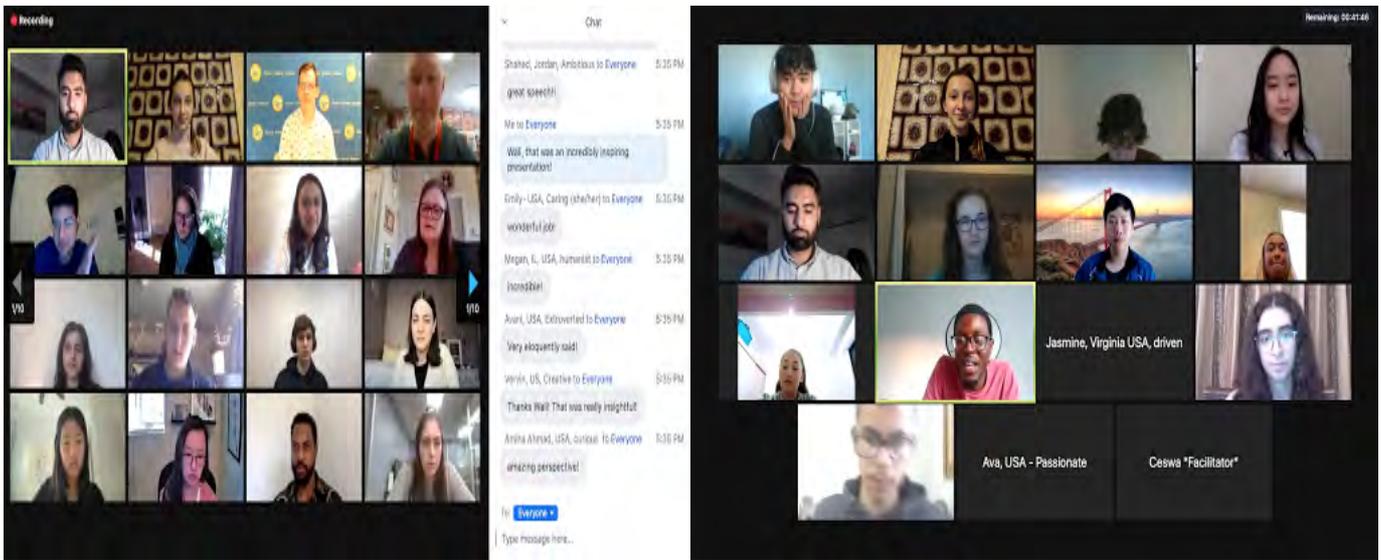
<https://sites.google.com/heritage.md/distancelearning/home>

- Each Heritage student has their own email address, created and owned by the school, on the Heritage school domain.
- In order to start their learning online, the students need to access their email account, with the address and email provided.
- After getting into their email, the student has to go to Google Tools (the dotted square in the top right corner, press on it, and select 'Classroom'.
- There he/she will find all the Google Classrooms they are invited to, a separate one for each school subject.
- By entering the Google Classroom (for instance, 1A Math), the student finds the materials posted by the teacher, the assignments and the people that are part of that certain classroom.
- In the top bar of the Google Classroom, under the Title of the Classroom, there is a Meet link, generated by their teacher.
- By accessing it, the student enters the virtual room, where he/she can meet the teacher and other classmates live, in a synchronous environment.
- NB! A student can enter a Google Meet link ONLY after the teacher, as the teacher opens the Meet call. If it doesn't open, it means the teacher is still not there and the student needs to wait to be allowed to be part of the call.
- The students do not have the ability to start/create a video Meet call, they can only join an existing call created by their teacher, as of March 23rd, 2021.
- All students that are part of the Heritage learning experience respect the Online Safety policy, Student Behaviour Code and the Netiquette for distance learning. The teacher has the right to dial out of their Meet call the students that do not comply with the stated rules, and further disciplinary measures will be undertaken by the school administration in such cases.

7th Founders' Lecture; Wed 31st March 3pm; Mrs Ludmila Gurau, Co-Founder and CEO of marketing/media company, QUBO. As part of Etwinning's Spring Campaign on "Media Literacy and Disinformation" we are honoured to have Ludmila speak to staff and students for our 7th Founders' Lecture of 2020-21 as part of our educational work with students. More information on the Etwinning campaign here: <https://www.etwinning.net/en/pub/newsroom/highlights/etwinning-annual-theme-2021-m.htm>

Our Upper Secondary teachers and students were part of the 4th Annual Illinois Global Scholar Power of Perspective Summit and Dialogue that was held virtually on Saturday, March 20, 2021. This year's 'The Power of Perspective' summit focused on sharing the stories of 'Where are you now?' amidst the one-year mark of the pandemic and the changes it has brought to our societies and culture. Our students had the opportunity to partake in dialogues with teachers and students from Illinois, Jordan, the European Union, and New Zealand. They talked about their perspectives of this year's bumpy journey, about how it has strengthened in us vital qualities such as adaptability and resilience, and about how they have started to view life from different angles and appreciate things that they used to take for granted before the pandemic.

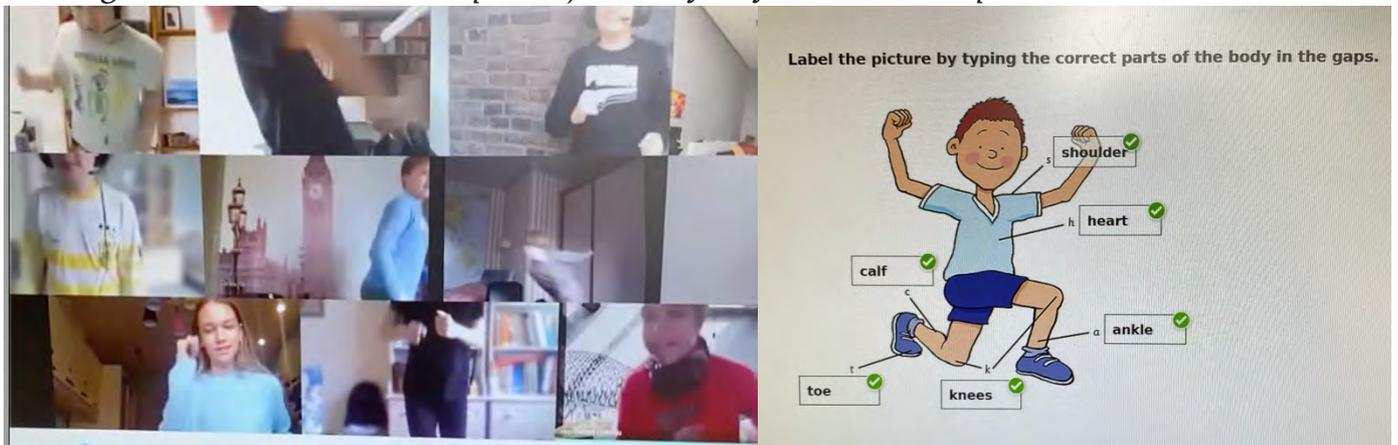
We are proud to say that our students have proven to be real global citizens who like to know about the world, explore a variety of perspectives, and interact with a diverse international audience.



On March 20, students celebrated the International Day of Happiness in Mr. Chris' English lessons. Students were tasked, "What is something that means a lot to you? Show it to the class and tell us about it using descriptive details." Dance shoes, a bracelet, drum sticks, cameras, a painting, and more--students shared amazing stories about their pastimes, families, and friends.



5B Started their day with some warm-up exercises as part of their English Lesson "I can" and learned how to give instructions as well as parts of the body they should warm up and how!

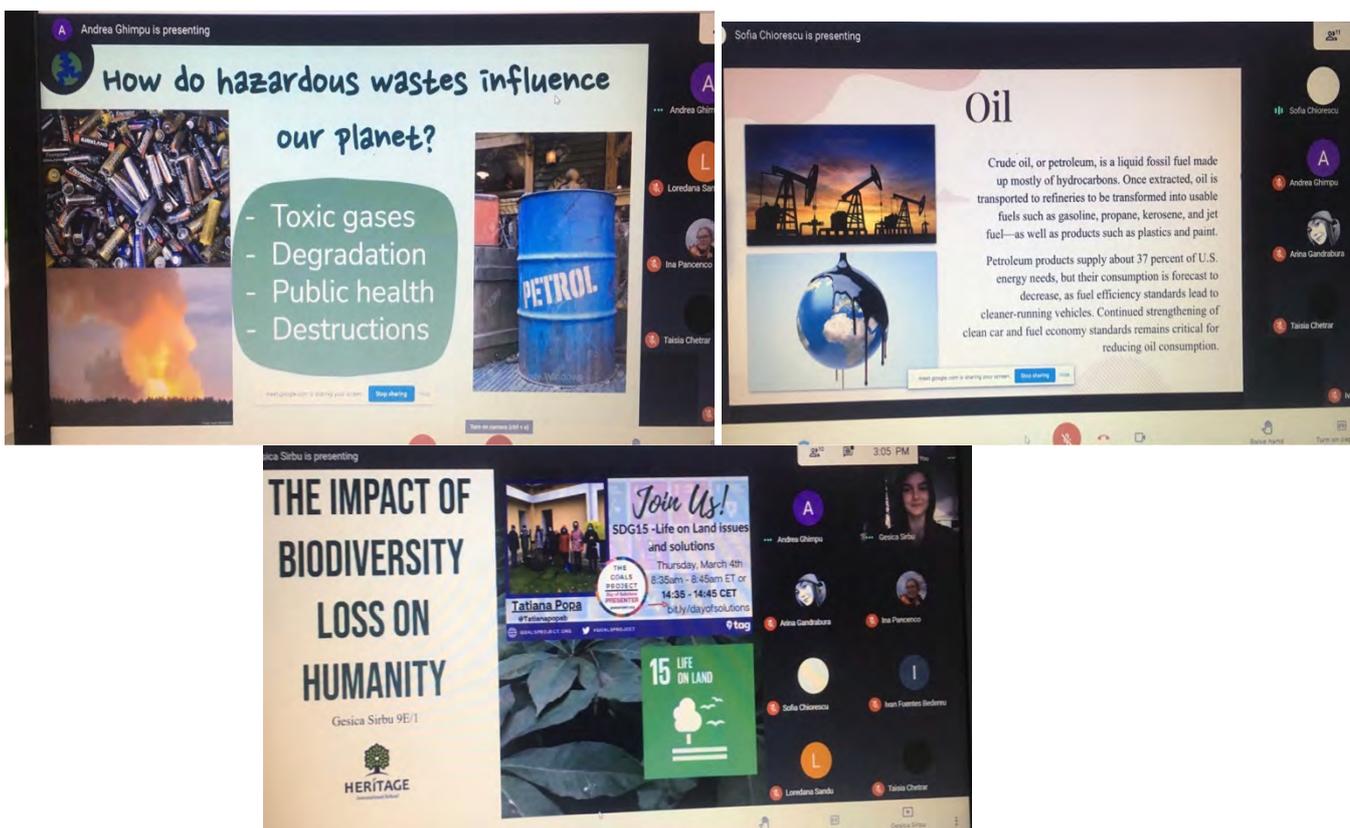


Even though students were confined at home, take a look at the displays of creations by students in 7A and 7B, done in observance of Martisor!

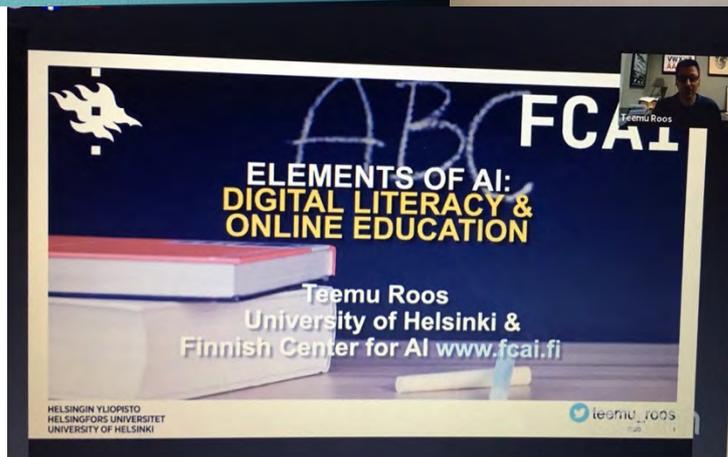
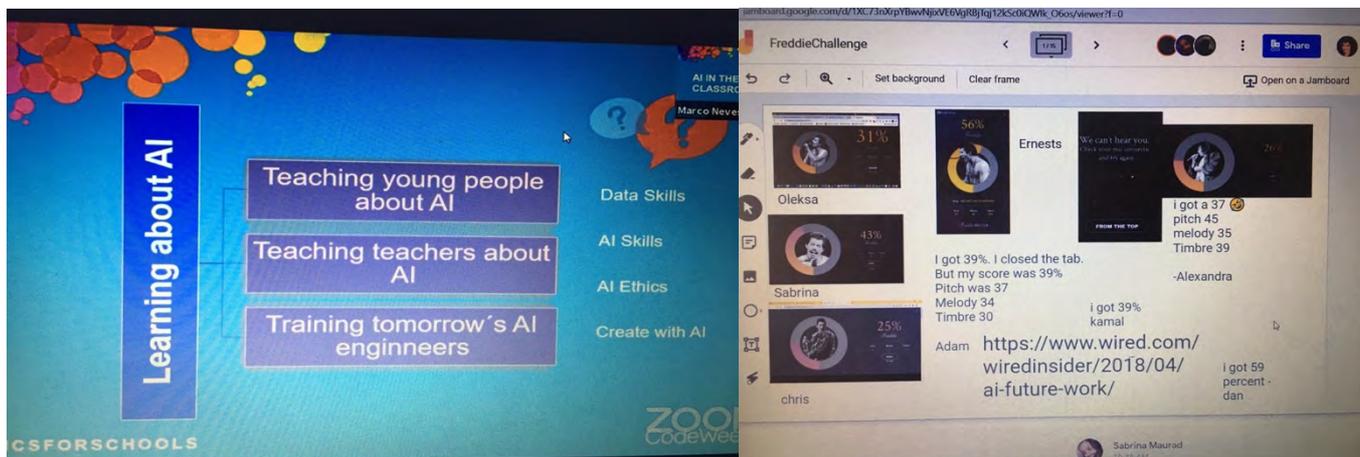




As usual, a lot of nice things happen in our global education at Heritage International School. Grade 9E impressed with their presentations after research on global issues, such as 'The Impact of Biodiversity Loss on Humanity', 'How Does Hazardous Waste Impact the Planet?', the impact of the use of fossil fuels on nature and many many more. After presenting the topics at the Golas Project final conference, these students are ready to embrace another global project that is to be launched soon. More details...this spring!



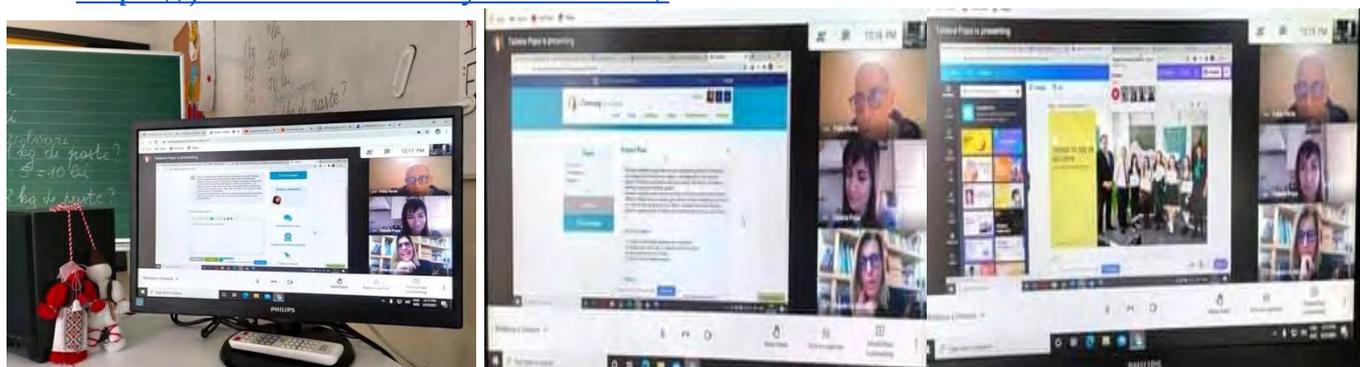
As part of digital literacy and online education, some of our teachers are part of 'AI Basics for School' online course. Who benefits from this? Our students, of course! Grade 7 E students used some of the resources on Artificial Intelligence from that course and generated diverse products using AI in their Global Perspectives lesson. AI is just a tool, used daily by all of us without knowing, and it ignites the curiosity of our digital natives. If they are interested in coding and AI, why not learn more and get ready for an IT career?



A free online course on the basics of AI is offered here:

<https://www.elementsofai.com/?fbclid=IwAROBiGvvk1sHOTKgvBf8V08CVzRyj8eUokL3yqEPtm3wmWuIkhZhS6ZqVsI>

And if speaking of artificial intelligence, it offers lots of possibilities. Even to try and sing Freddie Mercury's songs is not too difficult. If you want to try, follow this link: <https://freddiemeter.withyoutube.com/>



On Thursday, March 25th, Greece celebrated its Independence Day. Our teachers Tatiana Popa and Adriana Bujag had a virtual meeting with our partners in Athens, at Dionysos Elementary School. The teachers planned future steps in the previously initiated collaborative projects, shared experience and insights into the country situation during the pandemic.

On Friday, as part of the International Fridays theme, our school celebrated... Greece! The joy of travelling, halted by the pandemic, was brought back by imagining the azure beaches of Greece while eating the delicious Mediterranean food! Greek salad, tzatziki, potatoes baked with rosemary and the Greek flag made us completely forget that Covid still exists...



How Can We Take Action in the Classroom?

@chrissgadbury

TEACH SUSTAINABLE DEVELOPMENT GOALS

NO POVERTY
WE CAN START BY LOOKING OUT FOR ONE ANOTHER. THIS MIGHT NOT SEEM LIKE A BIG DEAL, BUT THE CHARACTER TRAITS THAT WE DEVELOP NOW CAN LAST A LIFETIME.

START A CLASSROOM SHOP
WHERE STUDENTS SELL THEIR OLD TOYS AND RAISE MONEY TO HELP THOSE WHO ARE LESS FORTUNATE

BRING YOUR OWN BOTTLE TO SCHOOL

ZERO HUNGER
I'M THE FIRST TO FINISH!
ALWAYS FINISH YOUR FOOD. FOOD COSTS MONEY AND TAKES TIME AND ENERGY TO GROW. FINISH YOUR SNACK AND LUNCH. THEN YOU WILL BE LESS HUNGRY WHEN YOU GET HOME AND LESS FOOD WILL BE WASTED.

WATER
LIFE BELOW WATER
SWITCH OFF THE LIGHTS WHEN YOU DON'T NEED THEM ON
*BUY A GOOD QUALITY ONE THAT WILL LAST.
*LOOK AFTER IT PROPERLY

CLIMATE ACTION
PARTNERSHIPS TO ACHIEVE THE GOALS
*HAVE A CLASS TWITTER
*FIND OUT WHAT OTHERS ARE DOING
*SHARE WHAT YOU'RE DOING
*BUILD CONNECTIONS

FSC
LIFE ON LAND
USE PAPER WITH THIS LOGO. THE PAPER COMES FROM A RESPONSIBLE SOURCE.

USE LESS HANDOUTS!

TEACHER'S COFFEE
SUSTAINABLE CITIES & COMMUNITIES
ASK YOUR TEACHER IF THEY ARE DRINKING FAIRTRADE COFFEE. IF NOT, BUY THEM SOME.

THE GLOBAL GOALS
For Sustainable Development

www.magicstorybooks.com

Can/Should my child go to school today?



If one of the students is tested positive with Covid-19, the whole class will be quarantined for 14 days. **Siblings** do need to be in isolation as well.

For all the children who are in quarantine parents should fill in the **epidemiological form**:
<https://forms.gle/Ok1DBdfa4BykX8Gq9> All the information provided will be sent to the Public Health Center.

Necessary documentation for returning to school:

Before returning to school after the quarantine period, parents should present to classroom teacher the **Declaration**

https://drive.google.com/drive/u/0/folders/1J0WBrE37gjfOOHJAXY3UR0DG_klSi7wc?q=owner:iute%40mail.ru

For children who have been tested positive with Covid-19 and in case of any disease, for return to school it is mandatory to present the **medical certificate** with the 3 stamps, as a confirmation that the child can attend groups of children.

